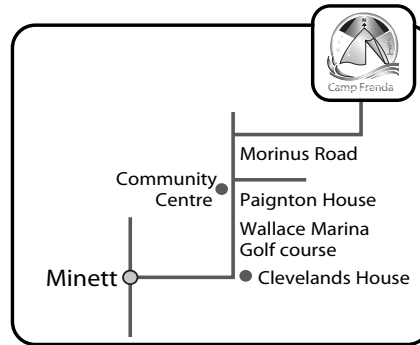
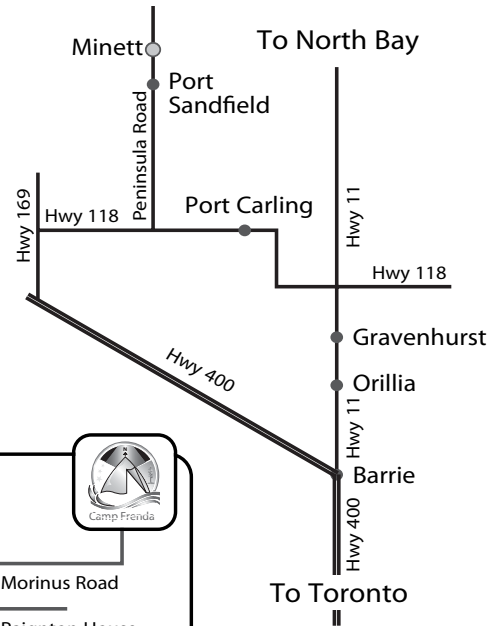


## How to get there



Directions: Follow Peninsula Rd. (Muskoka Region #7) to Minnett. Turn right at Minnett Corner Store. Follow road past Cleavelands House, golf course, Wallace Marina, Community Centre, and Paignton House entrance. Go as far as Morinus Rd. (there is a house on the corner). Turn right and follow Morinus Rd. to the end. Turn left at the Camp Frenda sign.

### What to Bring

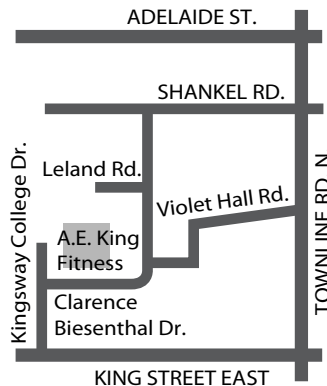
- |  |   |
|--|---|
| ✓ Bible  | ✓ Wool or flannel shirt—long sleeve                       |
| ✓ Bug repellent  | ✓ Hiking shorts   |
| ✓ Flashlight/batteries   | ✓ Socks—2 of these wool                                   |
| ✓ Laundry bag with name on outside   | ✓ Pajamas   |
| ✓ Suitcase or duffel bag to carry gear   | ✓ One piece swim suit                                     |
| ✓ Toilet articles—soap, comb, toothbrush, etc  | ✓ Towels/face cloth                                       |
| ✓ Sleeping bag—(Sheets, blankets, and pillows, if desired. We suggest a set of blankets and sheets plus a sleeping bag for those who might have a bed-wetting problem) | ✓ Sneakers  |
| ✓ Rain gear  | ✓ Hiking boots (especially for horsemanship)              |
| ✓ T-shirts   | ✓ Wind breaker type jacket—hooded                         |
| ✓ Underwear  | ✓ Sweatshirt  |
| ✓ Washable pants—sturdy  | ✓ One set of good clothes for banquets and special events |
- Personal items must be properly marked. We regret we cannot be responsible for missing items.

### What Not to Bring

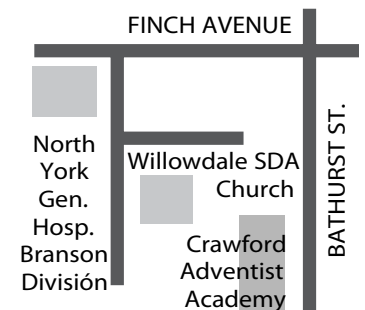
- ✓ Tobacco
- ✓ Alcoholic beverages
- ✓ Narcotics
- ✓ TV's, cassette or CD players
- ✓ Fireworks or weapons
- ✓ Electronic games
- ✓ Knives
- ✓ Walkmans
- ✓ All valuables, jewelry, etc.
- ✓ iPods & MP3 players

## Sunday Bus Pickup Schedule

**Oshawa**  
 Time: 1:00 pm sharp!  
 1200 Leland Drive.  
 Oshawa  
 A.E. King Fitness



**Toronto**  
 Time: 2:00 pm sharp!  
 531 Finch Ave. W.  
 Willowdale  
 Crawford  
 Adventist Academy



## Camp Frenda

1110 King Street East, Oshawa, Ontario L1H 1H8

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